

## Bear Lake Orthopedic

Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Today's Date \_\_\_\_\_ What are we seeing you for today? \_\_\_\_\_

How did it happen? \_\_\_\_\_

Date of injury \_\_\_\_\_ X-rays taken? **YES / NO** Prior treatment? **YES / NO**

Primary Care Physician \_\_\_\_\_ Referring Physician \_\_\_\_\_

Drug Allergies \_\_\_\_\_

Current Medications/dosage \_\_\_\_\_

Hospitalizations/Surgeries \_\_\_\_\_

### Review of Symptoms

Please circle if you are now experiencing any of the following:

- |              |                      |                |                     |
|--------------|----------------------|----------------|---------------------|
| Fever/Chills | Vomiting             | Diarrhea       | Constipation        |
| Night Sweats | Bladder incontinence | Blood in stool | Numbness/Tingling   |
| Palpitations | Abdominal pain       | Chest pain     | Joint pain          |
| Wheezing     | Bowel incontinence   | Headaches      | Shortness of breath |
- Other: \_\_\_\_\_

### Lifestyle

Occupation:	Alcohol use: <b>Yes / No</b> If yes, amount per day _____	Tobacco use: Smoke / Chew Quantity per day _____
Exercise: <input type="radio"/> Less than 1 time per week <input type="radio"/> 1 to 3 times per week <input type="radio"/> 4-7 times per week <input type="radio"/> daily	Type of exercise: <input type="radio"/> Running <input type="radio"/> Biking <input type="radio"/> Aerobic <input type="radio"/> Weight training <input type="radio"/> Other _____	Diet: <input type="radio"/> Fairly balanced <input type="radio"/> Eat too much <input type="radio"/> Lots of fast food <input type="radio"/> I follow a diet program
Second hand smoke <b>Yes / No</b>	Recreational Drug use: <b>Yes / No</b>	Addiction Help: <b>Do you need a doctor's help with drug addiction?</b> <b>Yes / No</b>

Name - \_\_\_\_\_

**Please circle if you have a medical history of the following:**

- |  |                                |                                  |            |
|--|--------------------------------|----------------------------------|------------|
| Anemia                                   | Anesthetic problems            | Arthritis                        | Asthma     |
| Blood clots                              | Cancer/ what kind? _____       |                                  | Infections |
| Gout                                     | Digestive disorder             | Acid reflux                      | Ulcers     |
| Ulcerative colitis                       | Depression                     | Heart disease                    | Hepatitis  |
| Heart problems                           | Heart surgery/what kind? _____ |                                  | Pneumonia  |
| Heart attack/how many? _____ When? _____ |                                | High blood pressure              | Diabetes   |
| Kidney disease                           | Osteoporosis                   | Stroke                           | Epilepsy   |
| Latex allergy                            | Tuberculosis                   | Mental illness/attempted suicide |            |
| Thyroid disease                          |                                |                                  |            |

**Women**

- |          |                    |         |
|----------|--------------------|---------|
| Pregnant | Planning Pregnancy | Nursing |
|----------|--------------------|---------|

**Family History**

**Please check circle if you have a family history of the following:**

<p><u>Heart Disease?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>High Blood Pressure?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>Cancer?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>Arthritis?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>
<p><u>Diabetes?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>Bleeding Problems?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>Osteoporosis?</u></p> <ul style="list-style-type: none"> <li><input type="radio"/> None</li> <li><input type="radio"/> Father</li> <li><input type="radio"/> Mother</li> <li><input type="radio"/> Mother's Father</li> <li><input type="radio"/> Mother's Mother</li> <li><input type="radio"/> Father's Father</li> <li><input type="radio"/> Father's Mother</li> <li><input type="radio"/> Brother</li> <li><input type="radio"/> Sister</li> <li><input type="radio"/> Child</li> </ul>	<p><u>Other?</u></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>